



The second block in the Stitch-A-Long project is the *Le Persil, la Sauge et a l'Estragon* design.

THE FRENCH KITCHEN STITCH-A-LONG

— Part 2 *Le Persil, la Sauge et a l'Estragon*

Robyn Allen-Waters' second block depicts the herbs, parsley, sage and tarragon, growing in terracotta pots, ready to be picked fresh and added to food as it's prepared.





In the June issue of *Homespun* (Vol 14 No 6), we presented the first block, *Tarte Tatin*, and the materials list to complete the whole quilt. You can order a copy

on 1300 303 414 or a digital copy through www.zinio.com or iTunes. The final assembly instructions accompany the last block.

At the beginning of August, we upload the first of the trio of blocks across the centre of the wallhanging that together form the French provincial kitchen scene, *Fleurs et Fromage* (flowers and cheese).

ROBYN'S TIP Don't ever be afraid to make a piece of work your own — to make a few alterations that fire your imagination. If you feel like changing a colour or fabric or design, just do it! There are never any rules in craft that shouldn't be tested and can't be broken. Trust your own taste and be brave with creativity and originality. It is so much more rewarding to produce something that is truly yours.

Stitchery Guide

	Design area	Cosmo Stranded Embroidery Cotton	Stitch
Parsley 	Terracotta pot	2186	Backstitch
	Label on pot	2186 – one strand	Backstitch
	Lettering on label	312 – one strand	Backstitch
	Parsley stems	2631	Backstitch
	Parsley leaves	2631 – one strand	Backstitch
Sage 	Terracotta pot	309	Backstitch
	Label on pot	309 – one strand	Backstitch
	Lettering on label	312 – one strand	Backstitch
	Sage stems	924 – one strand	Backstitch
	Sage leaves	924	Backstitch
Tarragon 	Terracotta pot, label and lettering	As for Parsley pot	Straight stitch
	Tarragon stems	674	Backstitch
	Tarragon leaves	674 – one strand	Backstitch
Curtain, tiles and sill 	Curtains	732	Backstitch
	Curtain check pattern	732	Satin stitch
	Windowframe and sill	143	Backstitch
	Scalloped shelf	702	Backstitch
	Leaf shapes on shelf	732 – one strand	Backstitch

Le Persil, la Sauge et a l'Estragon uses Cosmo Stranded Embroidery Cotton in 143, 166, 309, 312, 674, 702, 732, 924, 2186 and 2631.

The stitches used are backstitch and satin stitch. Two strands of thread are used throughout unless otherwise stated.

1 Download the *Le Persil, la Sauge et a l'Estragon* (parsley, sage and tarragon) stitchery design and print it out at 100%. Check your printer settings: – page scaling should be set to 'None'. Measure to check it has printed at the correct size – it should be 7 x 10in.

2 From the quilter's muslin or plain cotton fabric, cut:

- One rectangle, 13 x 16in. Blocks are cut oversize and trimmed before the quilt is assembled.

3 From the lightweight fusible batting or interfacing, cut:

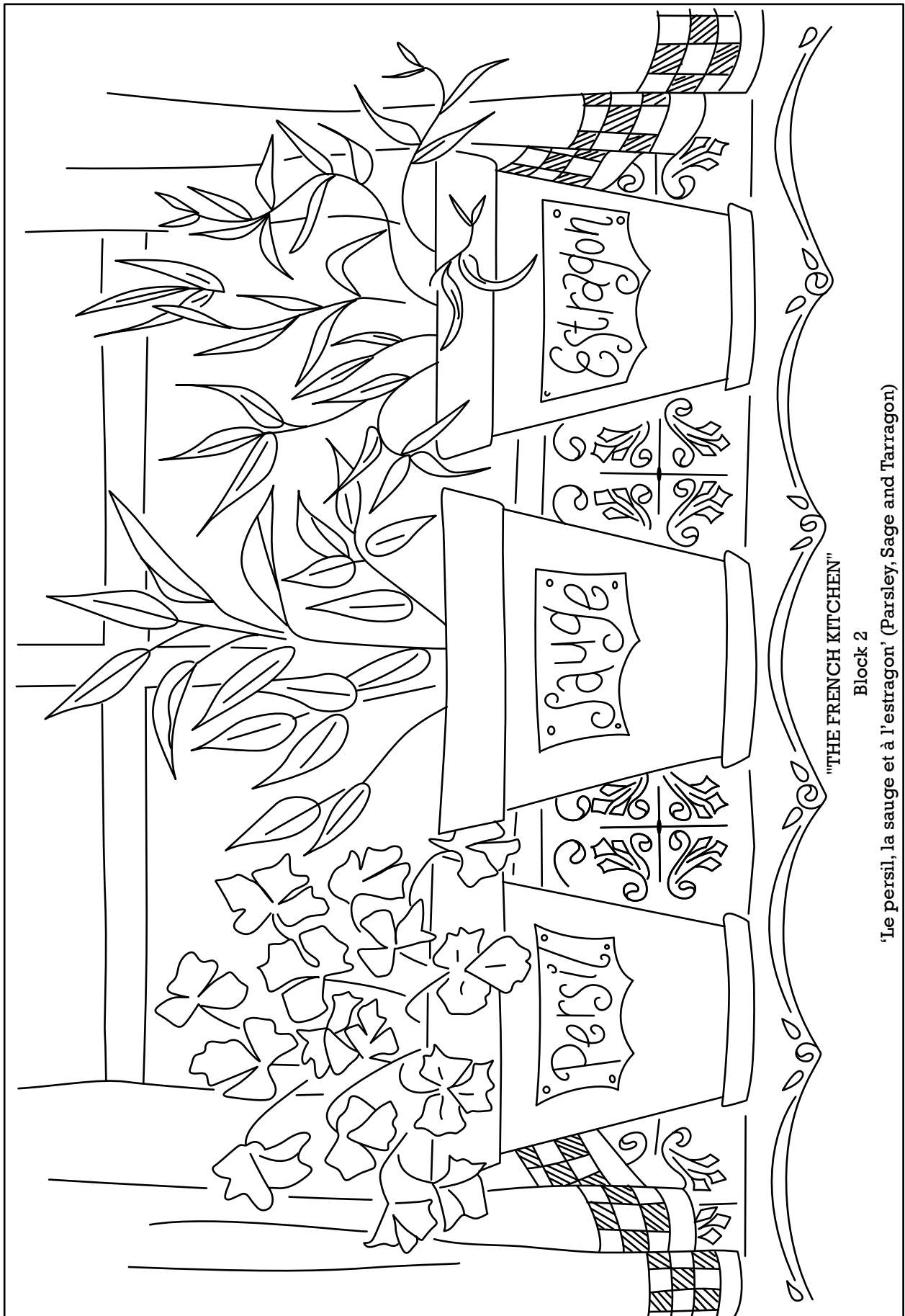
- One rectangle, 13 x 16in.

4 Centre the fabric over the design and trace it lightly with a sharp pencil or water-erasable fabric-marking pen.

5 Fuse the rectangle of lightweight fusible batting or interfacing to the wrong side and put it in an embroidery hoop if desired. Embroider the design

through both layers, referring to the stitchery guide above.

Don't forget to log onto our website, completecraft.com.au, at the beginning of each month, from August to December to download the remaining stitcheries for The French Kitchen as well as the final assembly instructions with the last instalment. These designs are also suited to other projects – a set of framed stitcheries, linen tea towels, recipe journal covers and aprons. The Cosmo threads were supplied by Charles Parsons.



"THE FRENCH KITCHEN"

Block 2

'Le persil, la sauge et à l'estragon' (Parsley, Sage and Tarragon)