



Craft Project

CHARLES PARSONS
1858-1936



The third block in the Stitch-A-Long project is the *Fleurs et Fromage* design.

THE FRENCH KITCHEN STITCH-A-LONG

— Part 3 *Fleurs et Fromage*




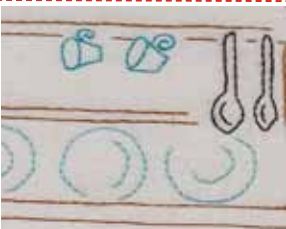

Robyn Allen-Waters' next block is the first of the trio of blocks across the centre of the wallhanging. On a corner of the table, there's a cheese board and baguette with a vase of poppies behind them.

In the June issue of *Homespun* (Vol 14 No 6), we presented the first block, *Tarte Tatin*, and the materials list to complete the project. You can order a copy on 1300 303 414 or a digital copy through www.zinio.com or iTunes.

At the beginning of September, we upload the second block across the centre of the wallhanging, *Tarte aux Fraises* (strawberry tart).

The final assembly instructions accompany the last block.

Stitchery Guide

	Design area	Cosmo Stranded Embroidery Cotton	Stitch
Table 	Table outline	702	Backstitch
	Pattern along table front	702	Backstitch
	Leaf shapes in pattern	732 – one strand	Backstitch
	Pattern on table leg	2563	Backstitch
Cheese board 	Cheese board	565	Backstitch
	Cheese rind	773	Backstitch
	Cheese texture and cut edge	773 – one strand	Backstitch
	Cheese knife	312 – one strand	Backstitch
	Baguette	309	Backstitch
	Strawberry outline	837	Backstitch
	Strawberry seeds	837	Straight stitch
	Strawberry stalk	674	Backstitch
	Strawberry leaves	674 – one strand	Backstitch
Vase and runner 	Vase	732	Backstitch
	Pattern on vase	837 – one strand	Backstitch
	Poppy petals	798 – one strand	Backstitch
	Poppy centres	312 – one strand	Backstitch
	Poppy stalks and pods	674	Backstitch and straight stitch
	Edges of table runner	2186	Backstitch
	Fringe of table runner	2186	Straight stitch
	Check pattern on runner	2186 – one strand	Backstitch and running stitch
	Back wall	143	Backstitch
Dresser 	Dresser outline	309 – one strand	Backstitch
	Cupboard handles	312 – one strand	Backstitch
	Plates on lower shelf	2563 – one strand	Backstitch
	Bowl on top shelf	702 – one strand	Backstitch
	Hanging teacups	565 – one strand	Backstitch
	Hanging spoons	312 – one strand	Backstitch
	Floor boards	2186 – one strand	Backstitch
	Picture frame	674 – one strand	Backstitch
Picture frame 	Picture frame	674 – one strand	Backstitch
	Hanging wire	773 – one strand	Backstitch

This design uses Cosmo Stranded Embroidery Cotton in 143, 309, 312, 565, 674, 702, 732, 773, 798, 837, 2186, 2563 and the stitches used are backstitch, running stitch and straight stitch. Two strands of thread are used throughout unless otherwise stated.

1 Download the *Fleurs et Fromage* stitchery design and print it out at 100%. Check your printer settings: page scaling should be set to 'None'. Measure to check that it has printed at the correct size – it should be 10 x 7in.

2 From the quilter's muslin or plain cotton fabric, cut:

- One rectangle, 13 x 16in. Blocks are cut oversize and trimmed before the quilt is assembled.

3 From the lightweight fusible batting or interfacing, cut:

- One rectangle, 13 x 16in.

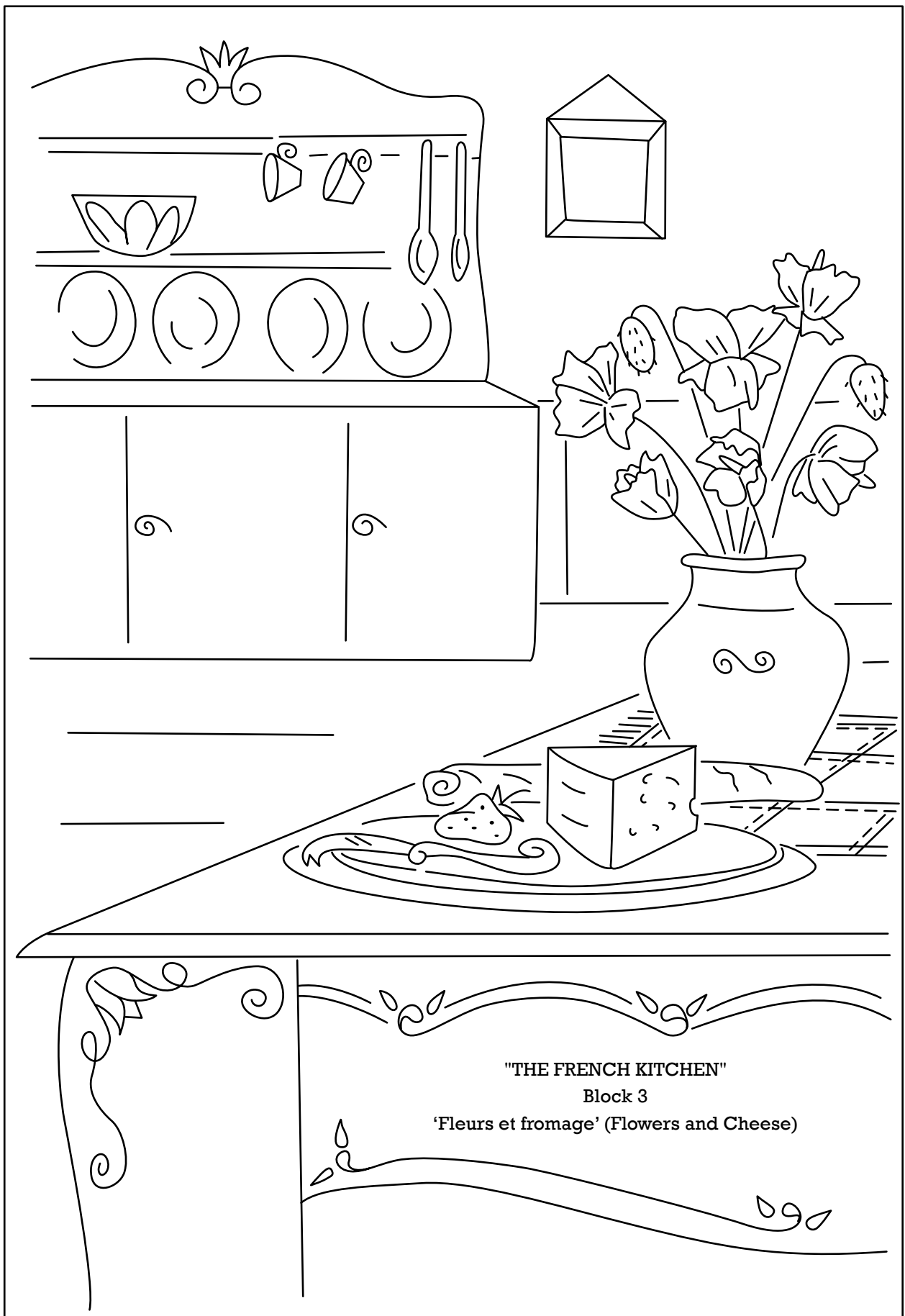
4 Centre the fabric over the design and trace it lightly with a sharp pencil or water-erasable fabric-marking pen.

5 Fuse the rectangle of lightweight fusible batting or interfacing to the

wrong side and put it in an embroidery hoop if desired. Embroider the design through both layers, referring to the stitchery guide above.

Don't forget to log onto our website, completecraft.com.au, at the beginning of September to December to download the remaining stitcheries for The French Kitchen as well as the final assembly instructions with the last instalment.

The Cosmo threads were supplied by Charles Parsons.



"THE FRENCH KITCHEN"

Block 3

'Fleurs et fromage' (Flowers and Cheese)