

French knot & pistil stitch

LEFT-HANDED



1 Bring the thread to the front of your fabric where you want a knot to be.



2 Wrap the thread around the needle the required number of times – this is a one-wrap knot.



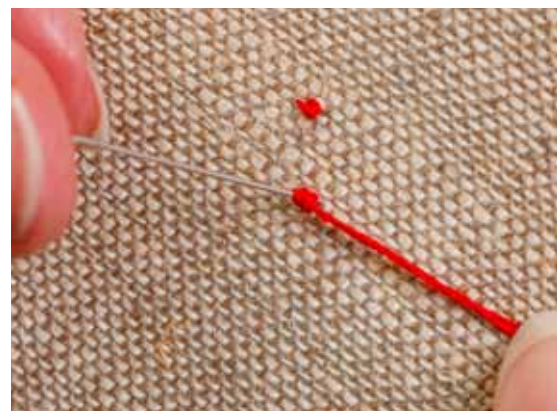
3 Maintaining tension on the thread to keep the wraps firm around the base, insert the needle beside where you came up, not through the same hole, and pull it through.



4 The size of the finished knot depends on the number of wraps and the thickness of the thread used.



5 For a two-wrap French knot, wind the thread twice around the needle.



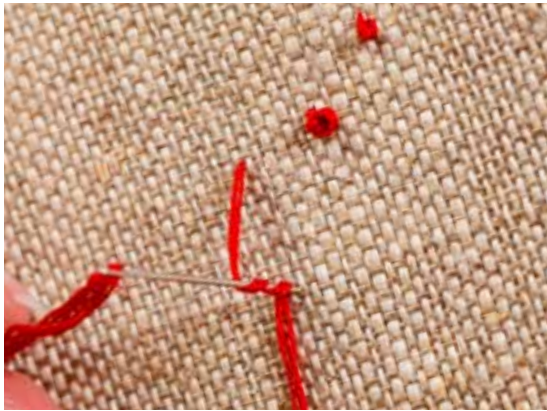
6 Insert the needle beside where you came up, keeping tension on the thread.



7 Pull the needle and thread through to the back to complete the stitch. More wraps give a more pronounced stitch.



8 A pistil stitch is a French knot on the end of a straight stitch. Come up at the start of the straight stitch and wrap the thread around the needle as for a French knot.



9 Insert the needle where you want the knot to be, some distance away from where you came up, keeping tension on the thread.



10 Pull the needle and thread through to the back to complete the stitch. Pistil stitches are useful for depicting small flowers or stamens for example.