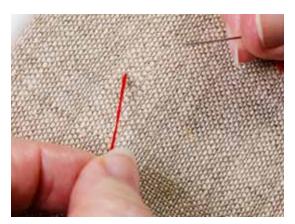
## French knot & pistil stitch

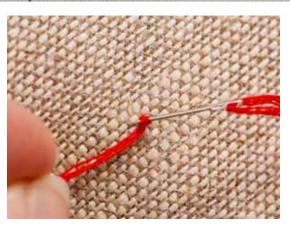
## RIGHT-HANDED



 $oldsymbol{1}$  Bring the thread to the front of your fabric where you want a knot to be.



 $\mathbf{2}^{\text{Wrap}}$  the thread around the needle the required number of times – this is a one-wrap knot.



3 Maintaining tension on the thread to keep the wrap/s firm around the base, insert the needle beside where you came up, not through the same hole, and pull it through.



4 The size of the finished knot depends on the number of wraps and the thickness of the thread used – three strands are used here.



**5** For a two-wrap French knot, wind the thread twice around the needle.



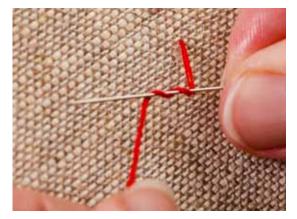
 $6^{
m Insert}$  the needle beside where you came up, keeping tension on the thread.



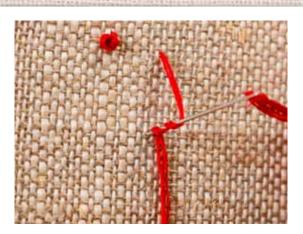
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**7**Pull the needle and thread through to the back to complete the stitch. More wraps give a more pronounced stitch.



A pistil stitch is a French knot on the end of a straight stitch. Come up at the start of the straight stitch and wrap the thread around the needle as for a French knot.



Insert the needle where you want the knot to be, some distance away from where you came up, keeping tension on the thread.



 $10^{\mathrm{Pull}}$  the needle and thread through to the back to complete the stitch. Pistil stitches are useful for small flowers or stamens for example.