

# French knot & pistil stitch

RIGHT-HANDED



**1** Bring the thread to the front of your fabric where you want a knot to be.



**2** Wrap the thread around the needle the required number of times – this is a one-wrap knot.



**3** Maintaining tension on the thread to keep the wrap/s firm around the base, insert the needle beside where you came up, not through the same hole, and pull it through.



**4** The size of the finished knot depends on the number of wraps and the thickness of the thread used – three strands are used here.



**5** For a two-wrap French knot, wind the thread twice around the needle.



**6** Insert the needle beside where you came up, keeping tension on the thread.





**7** Pull the needle and thread through to the back to complete the stitch. More wraps give a more pronounced stitch.



**8** A pistil stitch is a French knot on the end of a straight stitch. Come up at the start of the straight stitch and wrap the thread around the needle as for a French knot.



**9** Insert the needle where you want the knot to be, some distance away from where you came up, keeping tension on the thread.



**10** Pull the needle and thread through to the back to complete the stitch. Pistil stitches are useful for small flowers or stamens for example.