Backstitch



Bring the needle to the front of the work one stitch length to the left of the start of the line.



RIGHT-HANDED

 $2 \, {\rm Insert}$ the needle at the start of the line, one stitch length to the right of where the thread emerged.



 $\mathbf{3}^{\text{Pull}}$ the thread through to complete the first stitch, then bring the needle up one stitch length to the left of the previous stitch.



4 Insert the needle in the same hole as the start of the previous stitch.



 5^{Continue} in the same way along the line. Each stitch should share holes with the previous and subsequent stitches and be about the same length.



 $\label{eq:constraint} 6^{\text{The reverse side of the stitch should resemble stem} \\ \text{Stitch - as each stitch is worked behind where you start,} \\ \text{there is a double line of thread on the back.}$

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 $7 \, \rm To turn a \, corner, bring the needle up one stitch length from the corner and insert it in the same hole as the last stitch before the corner.$



Backstitch can be worked along any sort of line – straight, angled or curved.



 $9 \\ {\rm The \ smaller \ the \ stitches, \ the \ smoother \ the \ curves \ can} \\ {\rm be, \ especially \ if \ they \ are \ tight \ curves.}$



 $10^{\rm Backstitch\ can\ be\ worked\ in\ parallel\ rows,\ straight\ or}_{\rm curved,\ to\ fill\ an\ area\ or\ to\ make\ a\ wider\ line.\ It's\ best\ to\ stagger\ the\ stitches\ in\ a\ brick\ fashion\ for\ a\ unified\ effect.}$



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