

COLONIAL KNOT

LEFT-HANDED



1 Bring the needle to the front of the work where you want the knot to appear. Position the thread so it lies to the left of the entry point.



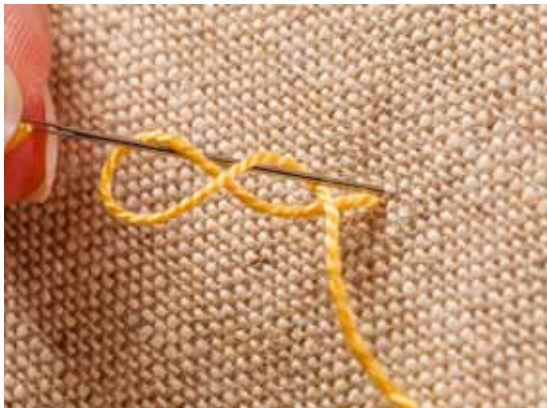
2 Put the needle under the loop of thread and move the thread to the right to begin forming a figure 8 with the thread around the needle.



3 Lift the thread up over the needle, completing the first half of the figure 8.



4 Take the thread over and under the needle to make the rest of the figure 8.



5 Without losing the loops on the needle, insert the needle immediately beside the entry point. If you go back in the same hole, it's possible for the knot to pull through.



6 Pull the thread to tighten the loops on the needle and keep the thread under tension so the tightened loops lie on the fabric surface as you push the needle through.



7 Pull the needle through to the back, still keeping some tension on the working thread (on the right here) so the knot is nicely formed.



8 The completed colonial knot, shown here in Perlé 5 cotton. Colonial knots are slightly more pronounced and predictable than French knots.