

Granitos

LEFT-HANDED



1 Granitos are simple stitches that resemble grains of rice. Begin by making a straight stitch the full length of the finished stitch. Three strands of thread are used here.



2 Pull the thread through and bring the needle up through the same hole as before. Insert it in the original hole at the other end of the stitch.



3 Keeping the thread lying to the left side of the first stitch, pull it through gently.



4 The second stitch should be lying to the left of the first stitch, but going through the same holes in the fabric at either end of the stitch.



5 Make a third stitch through the same holes as before, but this time keep the thread lying to the right throughout.



6 When you finish pulling the thread through, you should have a slightly elliptical-shaped stitch with pointed ends. This is the basic granitos stitch completed.



7 For an even more shapely stitch, repeat Steps 2-6 once more, making another stitch to the left and the right. Again, you can stop here if you like.



8 To add even more dimension to the stitch, sew another straight stitch over the centre. There are now six straight stitches forming this rounded granitos.



9 A slightly angled view shows some of the dimension. As you're pulling the thread through each time, don't pull it too tight so the shape of the stitch is maintained.



10 Grantitos make lovely petals, buds and leaves, as well as animal eyes when worked quite short. This is a naive daisy with five of the basic three-stitch granitos.



11 The centre is filled with French knots. In this example, the needle was threaded with one strand each of yellow and black stranded thread.