

Woven cross stitch

LEFT-HANDED



1 This is a double-layered cross stitch. Begin by bringing the needle to the front at the bottom right corner of the stitch, inserting it at the top left and emerging top right.



2 Pull the thread through to form a half-cross stitch. Then insert the needle at the bottom left corner to make a cross stitch and bring it up at the bottom right starting point.



3 Pull the thread through. You should have a standard cross stitch with the thread emerging from the original starting point. Three strands of thread are being used here.



4 Insert the needle at the top left again, crossing over the previous half of the stitch and emerging bottom left. Nudge the first half-cross stitch to curve downwards slightly.



5 Pull the thread through. Encourage the upper stitch to curve slightly upwards but with both stitches going through the same holes in the fabric.



6 This is the weaving step. Insert the needle under the bottom stitch and over the upper stitch as shown, without piercing the fabric. A tapestry needle is best to use.



7 Insert the needle at the top right in the same hole as the previous stitch. The stitch can be worked on evenweave fabric or more informally on other fabrics.



8 Pull the thread through to complete one woven cross stitch. The weaving process encourages the arms of the stitch to curve slightly. Don't pull the thread too tightly.



9 For a two-coloured variation, form the initial cross stitch as described in Steps 1-3, but don't bring the needle up at the lower right this time.



10 Choose a toning colour and bring it up at the bottom right of the single cross stitch. Repeat Steps 4-8 to complete the two-colour woven cross stitch.