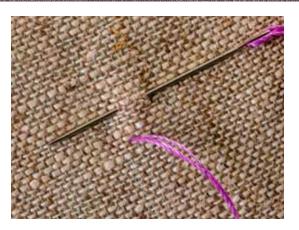
Woven cross stitch



f 1 This is a double-layered cross stitch. Begin by bringing the needle to the front at the bottom left corner of the stitch, inserting it at the top right and emerging top left.



2 Pull the thread through to form a half-cross stitch. Then insert the needle at the bottom right corner to make a cross stitch and bring it up at the bottom left starting point.



3 Pull the thread through. You should have a standard cross stitch with the thread emerging from the original starting point. Three strands of thread are being used here.



Insert the needle at the top right again, crossing over the previous half of the stitch and emerging bottom right. Nudge the first half-cross stitch to curve downwards slightly.



5 Pull the thread through. Encourage the upper stitch to curve slightly upwards but with both stitches going through the same holes in the fabric.



6 This is the weaving step. Insert the needle under the bottom stitch and over the upper stitch as shown, without piercing the fabric. A tapestry needle is best to use.

Homespun

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Insert the needle at the top left in the same hole as the previous stitch. The stitch can be worked on evenweave fabric or more informally on other fabrics.



Pull the thread through to complete one woven cross stitch. The weaving process encourages the arms of the stitch to curve slightly. Don't pull the thread too tightly.



9 For a two-coloured variation, form the initial cross stitch as described in Steps 1-3, but don't bring the needle up at the lower left this time.



 $10^{\rm Choose}$ a toning colour and bring it up at the bottom left of the single cross stitch. Repeat Steps 4-8 to complete the two-colour woven cross stitch.